



# wisconsin WOMAN

Connecting Women in the Greater Madison Area

April 2006

## Sonya Newenhouse

Stepping lightly on the earth

### A balancing act

Women juggle family, career

### Get fit at home

Workout times that work for you

### After sexual assault

Where to go for help

## Making Connections In Madison

### WEDDING PLANNER & GUIDE BRIDAL SHOW

Saturday & Sunday, January 14 & 15, 2006  
Alliant Energy Center

Vendors for all things wedding met with brides-to-be at Madison's bridal show.

(L to R)  
Kathy Marcelle,  
Sugar Pear Design;  
Deborah Olson,  
R.N.; and  
bride-to-be  
Michelle Schenck,  
grad student.



(L to R) Kelly Weber, student; Lindey Riemer, TRANE; Haley Riemer and Baby Olivia, Forest Ridge Kennels; Casey Clark, William John Salon; bride-to-be Jessica Scoville, Studio Z; and bride-to-be Christy Osman, William John Salon.



(L to R) Jill Bier, Mary Sweeney and Jim Mueller, Sweeney Photography.



(L to R) Karen Rose Gredler and Holly Telfer, Body & Soul.

Photos by Amy Lynn Schereck

Would you like our photographer to come to your next event? Please e-mail the details to [patogara@jvl.net](mailto:patogara@jvl.net) for consideration.



### Trusted senior services

Stoughton Hospital is committed to providing the personalized healthcare services seniors need and expect. You can trust our experienced team to deliver comprehensive, expert senior care – close to home. Rely on services such as our new Trusted Hands program, which provides flexible, dependable help for seniors who need non-medical assistance to live comfortably in their own homes. And trust us to meet the current and future healthcare needs of our neighbors throughout the Stoughton community.



900 Ridge Street  
Stoughton, WI 53589  
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[www.stoughtonhospital.com](http://www.stoughtonhospital.com)

Affiliated with SSM Health Care of Wisconsin

### Our services:

- Cardiac Rehabilitation*
- Complementary Medicine*
- Creative Care*
- Geriatric Psychiatry*
- Home Health*
- Life Line*
- Rehabilitation*
- Trusted Hands*

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